

# **Let's Talk About Mental Health Peer Support Group Dates (Updated as of 8/26/23)**

All Groups Meet Virtually on Sunday Evening (Unless otherwise specified)  
from 7:30-9:00pm Central Time/  
8:30-10:00pm Eastern Time

**Meeting ID: 640 112 6118**

**Passcode: 613613**

**January 15, 2023**

**February 5, 2023**

**March 5, 2023**

**April 23, 2023**

**May 7, 2023**

**June 4, 2023**

**July 9, 2023**

**August 6, 2023**

**September 3, 2023**

**October 22, 2023**

**November 19, 2023**

**December 17, 2023**

\*Subject to change