

**Let's Talk About Mental Health  
Peer Support Group Dates  
(Updated as of 7/26/22)**

All Groups Meet Virtually on Sunday Evening (Unless otherwise specified)  
from 7:30-9:00pm CT/8:30-10:00pm ET

**Meeting ID: 640 112 6118**

**Passcode: 613613**

**August 21, 2022**

**(Speaker Meeting, Featuring: Edie Friemark)**

**August 28, 2022**

**September 18, 2022**

**October 30, 2022**

**November 20, 2022**

**January 15, 2023**